



# BREAKFAST MENU

SERVED FROM 8:00 AM TO 11:00 AM

## MAINS

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| <b>SIMPLY DONE PLATE</b> 14<br>two cage-free eggs cooked any style, sliced tomato, roasted potatoes, multigrain toast, bacon  | <b>HAM &amp; BROCCOLI OMELET</b> 15<br>3 eggs, organic tomato, melted cheddar cheese, multi-grain toast, roasted potatoes  |
| <b>AVOCADO TOAST</b> 17<br>rustic toasted multigrain bread, two cage-free eggs cooked your way, mashed avocado, bacon, whipped goat cheese, sliced tomato, arugula, garlic aioli, choice of fruit or potato | <b>STEAK &amp; EGGS</b> 18<br>6oz prime skirt steak, choice of eggs, roasted potatoes, arugula salad   |
| <b>TWO EGG SANDWICH</b> 14<br>house-made turkey sausage, spicy aioli, American cheese, arugula, toasted brioche bun, served with a side of fruit or potatoes  | <b>SHAKSHUKA</b> 17<br>2 whole poached eggs, house-made tomato sauce, peppers & onions, olive oil, feta cheese, garlic, grilled naan   |
| <b>HEART SMART FRITTATA</b> 15<br>open-faced egg white omelet, tomato petals, roasted potato, parmesan cheese, basil, arugula   | <b>DENVER STYLE FRITTATA</b> 16<br>3 eggs, pit ham, caramelized onions, tomatoes, cheddar cheese, topped with roasted pepper jam & sour cream, choice of fruit or potatoes, multigrain toast |
| <b>CHICKEN SKILLET</b> 16<br>diced chicken, potatoes, sautéed pepper & onions, two eggs your way, cheddar, spicy crema  | <b>THREE EGG CHEESE OMELET</b> 16<br>choice of cheddar, swiss, American, feta, or Monterey jack cheese, choice of side, multigrain toast   |
| <b>FARM EGG OMELET</b> 16<br>caramelized spanish onions, bacon, avocado, tomato, monterey jack cheese, multi-grain toast, potatoes  | <b>WESTERN OMELET</b> 14<br>ham, peppers, onions, cheddar cheese, roasted potatoes, multigrain toast   |
| <b>ITALIAN SCRAMBLE SANDWICH</b> 14<br>open-faced scrambled eggs with whipped ricotta over grilled multigrain bread, chili flakes, olive oil, pecorino romano, chives                                       | <b>FRESH BELGIAN WAFFLE</b> 16<br>berry compote, maple syrup   |
| <b>GREEK CHICKEN FRITTATA</b> 15<br>onions, peppers, tomatoes, chicken, feta cheese, bitter greens, multigrain toast  | <b>ACAI BOWL</b> 15<br>house-made granola, blueberries, strawberries, banana, toasted organic coconut, natural almond butter   |
| <b>QUICHE OF THE DAY</b> 12<br>served with fresh fruit  | <b>GOOD MORNING PARFAIT</b> 9<br>greek yogurt, house granola, berries, local honey   |

*Consumer Advisory: \*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.  
Alert your server if you have special dietary requirements.*



SERVED ALL DAY

## SIDES

AVOCADO	2.5
MULTIGRAIN TOAST	3
HOUSE-MADE TURKEY SAUSAGE	6
FRIED POTATO	5
APPLEWOOD SMOKED BACON (3)	6
EGGS (2)	5
SEASONAL FRUIT	6
YOGURT	6



## ESPRESSO BAR

house made almond milk, Spanish almonds, organic maple & Himalayan pink salt.  
house made oat milk, organic oats, organic sunflower oil & Himalayan pink salt

OCEANA COFFEE	4.5
DOUBLE ESPRESSO	5
AMERICANO	6
CAPPUCCINO	6
LATTE	7
plain, vanilla, mocha, hazelnut, caramel	
ICED LATTE	7
plain, vanilla, mocha, hazelnut, caramel	

## BAKERY

JUMBO MUFFINS	5
daily selections	
SCONE	4
daily selections	
COFFEE CAKE	5
BREAKFAST BREAD	3.5
daily varieties	
CHOCOLATE CROISSANT	4
BUTTER CROISSANT	4

## COLD PRESSED JUICES

B 4	10
beet, apple, celery, lemon	
K 8	10
kale, spinach, swiss chard, apple, parsley, celery, bok choy, lime	
W 4	10
watermelon, ruby red grapefruit, strawberry, lime	
L2 LIMONADE	8
lime, lemon, pure cane sugar, ginger, mint	
LOCAL KOMBUCHA	8
seasonal flavor	
GINGERSHOT	8
ginger, lemon, agave	
TURMERICSHOT	8
turmeric, orange, lemon, agave	

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